



PureGenomics® Multivitamin

Introduced 2015



What Is It?

PureGenomics® Multivitamin is a once-daily multivitamin/mineral formula designed to address the nutrient requirements of common genetic variations in the methylation pathway. Methylation plays many roles, including neurotransmission, vitamin assimilation, DNA synthesis and gene regulation. These functions maintain cardiovascular health, detoxification, neuroprotection, cognition, emotional wellness and cellular protection. PureGenomics® Multivitamin provides a comprehensive profile of highly bioavailable vitamins, fully-chelated minerals and antioxidants to support optimal health in a gentle hypoallergenic formula well tolerated by sensitive individuals.*

Indications

Men and women ages 18 and over

Vitamin and Mineral Distinctions:

- Provides vitamins A, B, C, D, E and K in highly bioavailable forms
- Includes activated B vitamins, including pyridoxal-5-phosphate, riboflavin-5-phosphate, enhanced-retention thiamin derivative benfotiamine and 800 mcg of Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Offers vitamin B₁₂ in unique blend of adenosylcobalamin and hydroxycobalamin
- Contains 1,000 IU of vitamin D to support healthy VDR activity*

Special Features:

- Convenient, one-capsule-per-day dosing
- Addresses the nutrient requirements of common genetic variations in the methylation pathway with B vitamins and choline*
- Supports retinal health with lutein and zeaxanthin*

What Is The Source?

The nutrients found in PureGenomics® Multivitamin are derived from the following:

Vitamin A: synthetic

Mixed carotenoids: *Blakeslea trispora*

Lutein: marigold flower extract

Zeaxanthin: synthetic

Vitamin C: corn dextrose fermentation

Ascorbyl palmitate: corn dextrose fermentation and palm oil

Vitamin D₃: cholesterol from wool fat (lanolin)

Vitamin E: purified soybean oil

Vitamin K₁: synthetic

Vitamin K₂ (menaquinone-7): geraniol and farnesol flower extracts

Vitamin B₁ (thiamin HCl): synthetic

Vitamin B₂ (riboflavin): corn dextrose fermentation

Niacinamide: synthetic

Vitamin B₅ (calcium pantothenate): synthetic

Vitamin B₆ (pyridoxal HCl): synthetic

Vitamin B₁₂ (hydroxycobalamin and adenosylcobalamin): corn dextrose fermentation

Folate (Metafolin®, L-5-MTHF): synthetic

Biotin: synthetic

Choline: synthetic

Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

Citrate: corn dextrose fermentation

Glycinate and Orotate: synthetic

There is no detectable GMO material in this product.

(continued)

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. 800-753-2277 | PureEncapsulations.com

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

Recommendations

Pure Encapsulations® recommends 1 capsule daily, with a meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, have any health condition or are using any medication, consult your health professional before use. Consult your physician for more information.

Are There Any Potential Drug Interactions?

PureGenomics® Multivitamin contains vitamin E, which may react with blood-thinning medications. Vitamin K may be contraindicated with Coumadin (Warfarin).

PureGenomics® Multivitamin

each vegetarian capsule contains  v 00

vitamin A (as vitamin A acetate and 27% beta carotene)	3,750 IU
vitamin C (as ascorbic acid)	180 mg
vitamin D (as cholecalciferol) (D ₃)	1,000 IU
vitamin E (as d-alpha tocopherol succinate)	30 IU
vitamin K (as vitamin K ₁ and 25% vitamin K ₂).....	80 mcg (menaquinone-7)
thiamin (as Thiamin HCl) (B ₁)	3 mg
riboflavin (vitamin B ₂)	1.7 mg
niacin (as niacinamide).....	20 mg
vitamin B ₆ (as pyridoxine HCl)	2.5 mg
folate (as Metafolin®, L-5-MTHF).....	800 mcg
vitamin B ₁₂	1,000 mcg (as adenosylcobalamin and 50% hydroxycobalamin)
biotin	300 mcg
pantothenic acid (as calcium pantothenate) (B ₅).....	10 mg
iodine (as potassium iodide).....	150 mcg
zinc (as zinc citrate)	25 mg
selenium (as selenomethionine).....	70 mcg
manganese (as manganese citrate).....	2 mg
chromium (as chromium polynicotinate)	200 mcg
molybdenum (as TRAACS® molybdenum glycinate chelate)...	75 mcg
BenfoPure® benfotiamine.....	3 mg
riboflavin 5' phosphate (activated B ₂)	1.7 mg
pyridoxal 5' phosphate (activated B ₆)	2.5 mg
boron (as boron glycinate).....	1 mg
choline bitartrate.....	140 mg
inositol	25 mg
lutein.....	3 mg
zeaxanthin.....	500 mcg
other ingredients: ascorbyl palmitate, vegetarian capsule (cellulose, water)	

1 capsule daily, with a meal.

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.



FloraGlo® lutein is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP™ brand.

OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

TRAACS® is a registered trademark of Albion Laboratories, Inc.



ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth N.I.

BenfoPure® is a registered trademark of Hamari Chemicals USA, Inc.